

## Early Learner Social Intensive Experience 4 - 8 years old

Students 4-8 years old are welcome to apply to our Early Learner Social program. Homogeneous groups are formed based on age, grade, social presentation, and/or interests. Social Learning sessions focus on building friendships, social exploring and emotional regulation.

### Schedule:

Below are proposed days and times. Please let us know your preference as well as your flexibility. [Groups could meet mornings 9am-12pm or afternoons 1:30pm-4:30pm.](#)

- Proposed Dates
  - July 5th, 6th
  - July 11th, 12th, 13th
  - July 18th, 19th, 20th
  - July 25th, 26th

Space is limited to 10 campers per week. A minimum of 5 campers is required to run the program each week. Please sign-up in advance.

### Sample Daily Schedule:

Learning objectives achieved through hands on play and thematic based learning. Each week will have a theme including outer space, camping, under the sea, etc. Days will be composed of forming a group plan, morning activity/craft, group play, sensory time and leisure skills.

### Tuition:

- 3 day themed week sessions \$500/week
- 2 day themed week sessions \$335/week
- You may register for 1 or more weeks.
- \$300 due upon sign up to secure spot with the balance due on or before June 20th
- Written Progress Reports may be requested for an additional fee.

### Learning Objectives:

Develop and maintain social skills including:

1. Social Expectations for Building Friendships
  - Play skills learning how to be “we” players vs. a “me” player

- Conversation skills- expected talk time, taking turns in a conversation, topic maintenance
2. Social Exploring
    - Learning situational awareness and how to adapt behavior
    - Using our body language and nonverbal aspects of communication to successfully communicate
  3. Emotional Regulation
    - Using Zones of Regulation (see below) to control impulses and learn strategies to get our bodies and minds in a ready to learn and play state
    - Being flexible thinkers to work, play and collaborate with others

### Facilitators:

These Early Learner Social sessions are facilitated by Brittany Lehane, M.S. CCC-SLP a Speech and Language Therapist and Speech and Language Graduate Student Interns highly trained in social cognitive development.

Brittany joined The Ely Center in September 2016. She received both her Bachelor's and Master's degrees in Speech-Language Pathology from Northeastern University. At The Ely Center, Brittany primarily works with school aged children and young adults. Her experience includes a clinical focus in social skills as well as consulting to local school districts around Assistive Technology and Alternative and Augmentative Communication. Brittany is also the Co-Founder of Everyday Speech, a local company creating software including mobile apps and online video lessons to teach social skills. On her website, [myeverydayspeech.com](http://myeverydayspeech.com), she provides therapy tips and tools.

### Therapeutic Content:

This summer program focuses on teaching, reinforcing and supporting each individual student's social cognition using strategies & tools to improve **Social Thinking®**, **executive function**, (including Mindfulness) & **sensory needs** via natural context learning.

The Ely Center, LLC is a speech and language center that focuses on **Social Cognitive Development**. We accomplish this and are qualified to do this based on the following tools and expertise.

**Pragmatic language** is the use of language in context. It falls under the speech and language umbrella. Self regulation, is a feature of social cognition that must be present and well developed for pragmatic language to be functional. The following list highlights the therapeutic cornerstones of our program:

- **Michelle Garcia Winner**, M.S. CCC-SLP, the CA SLP who is most published, highly respected, and with whom my staff and I have trained is the guru of pragmatic language and social cognition or as she has trademarked, **Social Thinking®**.  
<https://www.socialthinking.com/>
- Our colleague, **Sara Ward**, M.S. CCC-SLP, is a highly trained speech language pathologist, whose expertise focuses on supporting **Executive Function skills**, including the following areas of self-regulation: attention to task completion, emotional development, planning, organizing & the overall ability to be ready to learn. My staff and I have also participated in trainings with Sara and consider her a valued colleague.  
<https://cognitiveconnectionstherapy.com>
- Our dear friend, **Maryellen Rooney Moreau**, M.S. CCC-SLP, who is the driving force behind the Story Grammar Marker, a tool for developing language organization, has trained the Ely Center Staff in Story Grammar Development and serves as an ongoing consultant to our program. <http://mindwingconcepts.com/story-grammar-marker>
- **Ross Greene's** model for **collaborative problem solving** is used to support students' ability to assess their behavior as it relates to problems that arise. The basic premise of this technique is to note a child's behavior as an observation saying, "I noticed \_\_\_\_\_," and then to ask, "What's up with that?" If the individual can state his/her thoughts on the behavior a discussion begins to map out the behavior, how it made others feel and how the individual feels. These discussions become points of reference for future more positive decision making.
- **The Zones of Regulation** program is a curriculum that supports emotional regulation via a cognitive behavioral approach, developed by Leah Kuypers, MA, OT.  
[www.zonesofregulation.com](http://www.zonesofregulation.com)
- **The Incredible 5 Point Scale**, developed by **Kari Dunn Buron** is a tool used for identifying social topics by levels of comfort, relating feelings and actions to a number on the scale and building awareness of expected behaviors and reactions. 1 – 3 on the scale is comfortable or manageable and 4 is creeping up to very problematic whereas a 5 is a disaster situation. [www.5pointscale.com](http://www.5pointscale.com)

**Although we will offer rolling admissions, please enroll early to assure your child a spot in the program.**

**For more information or to apply, please see our website [www.elycenter.com](http://www.elycenter.com) or call the office @ 781-400-2605.**